Kindergarten is so much fun! From reading to counting, to investigating, to playing, the students in KR have kicked off Term 2 with a bang.

We have recently explored the book ‘The Very Hungry Caterpillar’ and after writing about butterflies, the students created a caterpillar masterpiece to decorate our walls!
The classroom teachers took the opportunity last week to speak to the children about stranger danger. This was in response to a report of one of our senior students being approached by an older teenager walking to school. The following websites have useful information for parents when having conversations with children about protective behaviours.


Our Centenary
This year marks 100 years of education at Lismore South Public School and we are celebrating with our centenary on **3rd October, the Saturday of the long weekend.** At this early stage of our preparations we are looking for two things;

- Parents and community volunteers to be part of our centenary committee. The next meeting is Thursday May 14th at 3.30pm in Jo Wright’s room. If you wish to be part of the organisation of this special event please come along to the meeting and share your expertise. All are welcome.
- Photos from the past. If you attended Lismore South Public School and have photos to share please bring them into the school office to be scanned or email them to: lismoresouthpscentenary@gmail.com. We are hoping to use them as part of a recipe book, photo display and digital presentations on the day of the centenary celebration.

Save the Date – Kindergarten 2016 Information Evening
Is your child enrolling at Lismore South Public School in 2016? A Kindergarten Information Evening is being held on **Wednesday 10th June** in the school hall from 6-7pm. Information about our school, how to prepare your child for starting school, our transition program and enrolment will be shared. Flyers are available from the school office or the preschool.

Kindergarten 2015

Have a lovely week.

Nickie Bartlett, Principal

Please ensure your child has a broad brimmed hat.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Event</th>
<th>Detail</th>
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</thead>
<tbody>
<tr>
<td>Tues, 5/5</td>
<td>Mother’s Day Stall ($5 gifts)</td>
<td>Echidnas &amp; School Leadership Students may purchase</td>
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<tr>
<td></td>
<td>School Cross Country K – 6</td>
<td>Nesbitt Park from 1.00pm (bring water bottle/hat)</td>
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<tr>
<td>Wed, 6/5</td>
<td>CANTEEN CLOSED</td>
<td>Lunch – 50c each</td>
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<td></td>
<td>Ice blocks for sale</td>
<td>Payment ($40) due</td>
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<tr>
<td></td>
<td>Grip Leadership</td>
<td>Backup day if Tuesday 5/5 unsuitable</td>
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<tr>
<td></td>
<td>School Cross Country K – 6</td>
<td></td>
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<tr>
<td>Thurs, 7/5</td>
<td>Everyday Wisdom Forum</td>
<td>Selected students. Lismore Workers Club 9.30am – 2.30pm</td>
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<tr>
<td>Fri, 8/5</td>
<td>Student Banking</td>
<td>Collected in classrooms</td>
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<tr>
<td></td>
<td>Grip Leadership Conference</td>
<td>Bus leaves Goonellabah PS 7.30am, return approx. 4.15pm</td>
</tr>
<tr>
<td></td>
<td>Mother’s Day Stall ($5 gifts)</td>
<td>Goannas, kindergarten to Year 6 may purchase</td>
</tr>
<tr>
<td>Mon, 11/5</td>
<td>School Cross Country K -6</td>
<td>Backup day if Tuesday 6/5 unsuitable</td>
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<tr>
<td></td>
<td>School Photo Retake</td>
<td>Notified students</td>
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What’s been happening in Preschool?
What a fabulous week we have had learning and discovering! There have been many children finding treasure around the Preschool outdoor learning environment. The Echidnas made some treasure maps and found that ‘X marks the spot’ where treasure was buried, a long, long, long time ago! Alexis created a kite, which inspired others to make their own kites and fly them. We had to work out how to make them fly without wind, so we ran and that helped our kites fly.

The Goannas shared some outdoor fun in the rain last week. They used their imaginations and pretended to make sand play dough and sand castles, using rain water to wet the sand.

Connections to Outcomes – Outcome 1 – children have a strong sense of identity.
Through feeling safe, secure and supported and through learning to interact with others with care, empathy and respect.
Outcome 2 - Children are connected with and contribute to their world.
Through becoming socially responsible and show respect for the environment.
Outcome 4 - children are confident and involved learners.
Through developing a range of skills and processes such as problem solving, enquiry, experimentation, hypothesising, researching and investigating.

Preschool Committee Meeting
Parents are invited to attend our Preschool Committee Meeting on Thursday, 21st May commencing at 3.15 pm.

Mother’s Day Stall
<table>
<thead>
<tr>
<th>Echidnas</th>
<th>Goannas</th>
</tr>
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<tr>
<td><strong>Tuesday, 5th May</strong> - Please bring in $5 to purchase a gift for your mother or loved one.</td>
<td><strong>Friday, 8th May</strong> - Please bring in $5 to purchase a gift for your mother or loved one.</td>
</tr>
</tbody>
</table>

Kellie Keed & Allison Jarrett – Preschool Educators

CANTER ROSTER
Canteen Closed Tuesdays & Wednesdays
Thursday, 7/5 - Karen, Stewart  
Friday, 8/5  - Betty, Grace  
Monday, 11/5  - Rhonda
Breakfast Club from 8.30 – 8.55am daily.

Cameron Clapham – 9th May

Confidence • Discipline • Self Defence • Fitness • Fun
Richard Marlin’s Success Martial Arts Black Belt Academy
81 Union Street, South Lismore
6622 4799
Rule of the Week
To be Respectful, students are reminded to “Let Others Learn”. Example: Allow space when sitting on the floor.

School Cross Country – K to 6
Our annual School Cross Country, which was postponed on Friday, will be held TOMORROW, Tuesday, 5th May at Nesbitt Park commencing at 1 pm. Organisation details will be as per the original note dated 22nd April, 2015. PLEASE ENSURE THAT YOUR CHILD/REN BRING A HAT AND A WATER BOTTLE FOR THIS EVENT.

Whole School Assembly
There will be NO Whole School Assembly tomorrow, 5th May due to the Cross Country Carnival.

Dorroughby Environmental Education Centre Excursion for Years 3 & 4
Students in Years 3 and 4 have been given an expression of interest note today. Every student is asked to return a completed attendance slip by Friday, 15th May.

Gymnastics Lessons – Years 3 to 6 (Term 2 Sport)
A detailed note was sent home last Monday. Every student, in Years 3 to 6, is required to return a completed permission note with payment (if participating) by Tuesday, 12th May.

Student Banking
We require a parent volunteer to assist with the student banking on Friday mornings for this term. If you are interested, please contact the school office.

Mother’s Day Stall
The P & C Association is organising a fundraising Mother’s Day Stall. Gift packs ($5 each) will be available for students to purchase. We can arrange family purchases. Echidnas and the School Leadership students will be able to purchase gift packs on Tuesday, 5th May and Goannas, Kindergarten to Year 6 will purchase on Friday, 9th May. If there is stock, students may buy additional gifts at lunch time.

All students who buy a gift will have the chance to win an extra gift for mum.
Parent volunteers, to assist with the selling of gifts from 9.30am on Friday, 8th May, would be appreciated. Enquiries, please contact Colby on 0419 287114.

Love those Legumes!!
What are legumes?
Apart from nutritious AND delicious! They are:
✓ Dried or canned peas, beans and lentils.
✓ High in protein and fibre, and low in fat and cholesterol.
✓ Best for the land as they produce a higher yield of many nutrients than foods of animal origin.
✓ Cheap and very flexible in recipes.
✓ Good for freezing before and after cooking, and when made up into recipes.
✓ Are great meat extenders in any stew or mince dishes, as well as adding texture and mild flavour.

Buying and storing legumes
✓ Legumes are quite hardy and will store for a year in well-sealed containers.
✓ Look for uniform size, strong colour and a plump smooth appearance.
✓ There are many varieties available in cans, which means they require only minimal preparation.

Mexican Enrollada (Serves 6)
1 tabsp oil,
1 large onion, chopped 1 med red capsicum, chopped
35 g packet salt reduced taco seasoning mix
810 gr can crushed tomatoes
750 gr can red kidney beans, rinsed and drained.
1 packet pita bread, halved
1. Saute onion and capsicum in oil until soft
2. add taco mix and cook 1 minute
3. stir through tomatoes, beans and heat through
4. Roll bean mixture into halved pita breads with chopped fresh tomato and grated cheese.