3/40 has been really busy this term. We have been extending our vocabulary in Literacy and learning about fractions/decimals/percentages in Maths. In science we have discovered many interesting facts about our planet. We have also been learning how to be strong and smart by showing courage, presence, patience, honour and challenging ourselves.
A large contingent of Lismore South Public school students represented our school at the Northern Rivers Zone Athletics on Friday. Everyone competed with great sportsmanship and were exceptionally well behaved throughout the day. Thank you to Mr Dixon for managing the team and Miss Organ for running the girls discus events. Congratulations to Chloe Parkes, who will be going to the Regional Carnival for 800m and high jump and Haylie Kumpulainen for 200m and 800m.

**Girls Rock**
Last week our Girls Rock group were treated to an afternoon of pampering at **Stephanie Hair Design** in the Warina Walk Arcade. Shanelle Bull closed the salon to customers for an hour and the girls enjoyed a shampoo, head massage, blow dry and styling. Judging by the happy faces and sophisticated hair styles, when the girls returned, they thoroughly enjoyed the experience. We are very lucky to have the support of local businesses and we appreciate their assistance in providing additional opportunities for our students. Thank you also to Mrs Denning and Mrs Culley for organising such a fabulous excursion. Please see page 4 of this newsletter for photos and more details about the “salon experience”.

Have a great week.

**Nickie Bartlett – Principal**

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**Dates to Remember**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Event</th>
<th>Detail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon, 17/8</td>
<td>P &amp; C Meeting</td>
<td>5.15pm in the School Library</td>
</tr>
<tr>
<td>Tues, 18/8</td>
<td>CANTEEN CLOSED</td>
<td>50 cents each – available at lunch time.</td>
</tr>
<tr>
<td></td>
<td>Ice blocks</td>
<td>Leave school 1.30 pm (1-2pm lesson) return 2.30pm</td>
</tr>
<tr>
<td></td>
<td>KR &amp; KW Gymnastics</td>
<td>Stage 2/3 (2pm), ESI/Stage 1 (2.30pm) in school hall</td>
</tr>
<tr>
<td></td>
<td>Stage Assemblies</td>
<td></td>
</tr>
<tr>
<td>Wed, 19/8</td>
<td>Ice blocks</td>
<td>50 cents each – available at lunch time.</td>
</tr>
<tr>
<td>Thurs, 20/8</td>
<td>Rivers Sporting Challenge (Yrs 4, 5 &amp; 6)</td>
<td>12.00 – 2.00pm</td>
</tr>
<tr>
<td></td>
<td>Stage 1 (Yrs 1 &amp; 2) Gymnastics</td>
<td>Leave school 12pm, (12.30-1.30pm lesson) return 2pm</td>
</tr>
<tr>
<td></td>
<td>Yr 5 Stradbroke Island Excursion</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yr 6 Canberra Excursion</td>
<td>Full payment to be finalised by today.</td>
</tr>
<tr>
<td>Fri, 21/8</td>
<td>Student Banking</td>
<td>Consent/Medical &amp; full payment to be finalised by today.</td>
</tr>
<tr>
<td></td>
<td>Yr 6 Canberra Excursion</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yr 5 Stradbroke Island Excursion</td>
<td></td>
</tr>
<tr>
<td>Mon, 24/8</td>
<td>Lismore Performing Arts Festival</td>
<td>Rehearsals</td>
</tr>
<tr>
<td></td>
<td>Aboriginal Dance Workshop</td>
<td>Grafton PS - Selected students</td>
</tr>
</tbody>
</table>

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LEARN A TRADITIONAL MARTIAL ART
FIRST OF ITS KIND IN LISMORE
Website: www.southernprayingmantis.net
Facebook Page: www.facebook.com/sifu.jody
126B Woodlark Street, Lismore (Behind Shop Baby)
Values: Self Confidence, Co-ordination, Focus, Teamwork, Respect for Elders, Discipline.

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Call us on 0427693900

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**Values:** Self Confidence, Co-ordination, Focus, Teamwork, Respect for Elders, Discipline.
What’s been happening at Preschool?
Last week preschool had a visit from Rory Close. The children enjoyed dancing, playing games with him and learning about the Aboriginal culture from the Bundjalung Nation.
Outcome 2: Children are connected with and contribute to their world.

Kindergarten 2016
If your child is attending Kindergarten at Lismore South Public School next year, please complete and return an enrolment form to the school office, as soon as possible.

Daffodil Day
This year, the Cancer Council is holding Daffodil Day on Friday, 28th August. In conjunction with this, the Echidna group is welcome to wear yellow clothing and bring a gold coin donation to help raise funds for the Cancer Council on Tuesday, 25th August and the Goanna group on Friday, 28th August. We will also be participating in “yellow activities” at preschool on these days.

Health Lunchbox challenge
The next mission of the healthy lunchbox challenge will be sent home this week.

Preschool Committee Meeting
We would like to thank Lauren, Kobi’s mum, for attending our committee meeting last Monday afternoon. We are looking at some positive changes for the preschool. Committee meetings are held in week 5 of each term.

Reading with your child
All the children will receive a folder so they can borrow a book from preschool for you to read with your child at home. By reading together, you are helping your child become familiar with sounds, words, language and the value of books. This builds your child’s early literacy skills, including increased vocabulary, helping them go on to read successfully at school.

THINGS TO REMEMBER
• Please remember to be on time to pick up your child, by 3pm as the Preschool’s licence stipulates 9am till 3pm only.
• We are spending a lot of our day outside playing with our new routine, it is important that your child brings their hat EACH day.
• Please label your children’s belongings. It makes it easier for us to return jumpers, lunchboxes etc to their right owner.

Feedback
We have placed a Suggestion Box near the sign in sheet. We welcome any suggestions, ideas or comments parents may have.

Kellie Keed & Allison Jarrett
Preschool Educators

CANTEEN ROSTER
CANTEEN CLOSED TUESDAYS & WEDNESDAYS
Thursday, 20/8 - Stewart
Friday, 21/8 - Marcus, Grace
Monday, 24/8 - No volunteer
Breakfast available from 8.30 – 8.55am daily.

Happy Birthday!
Lexi Quinnell – 21st August

Lismore South Public School
Rule of the Week
To be Respectful students are reminded to LET OTHERS LEARN AND SHARE eg leave space when sitting on the floor.

Kindergarten 2016
PLEASE COMPLETE AND RETURN ENROLMENT FORMS AS SOON AS POSSIBLE.

Woolworths Earn & Learn Program
When you shop at Woolworths, please collect the Earn & Learn stickers for Lismore South. Collections boxes are at Lismore Central, The Square and Goonellabah or you can send them into the box in the school library.

Athletics Carnival Age Champions
Congratulations to our age champions.
Junior Girl: Chloe Parkes & Kailani Millane
Junior Boy: Max Fields
11yrs Girl: Renee Nickel
11yrs Boy: Ryan Bebb
Senior Girl: Haylie Kumpulainen & Shanaya Anderson
Senior Boy: Brett Franke

PSSA Boys Touch Footy
The Lismore South Public School boys touch footy team played Lismore Public last week and were narrowly defeated. The boys tried their best and showed outstanding skill and sportsmanship. Congratulations boys.
Kylie Organ – Sport Organiser

Keep Calm and Have Your Hair Done
Sixteen of our Girls Rock members were treated to the “salon experience” by Shanelle and her team at Stephanie Hair Design in the Warina Walk Arcade. Shanelle closed her salon for an hour and treated the girls to a shampoo and hairstyle. It was all systems go as Shanelle and her wonderful staff washed and conditioned, massaged heads and styled the hair of sixteen excited girls. The girls also had the opportunity to learn and ask questions about hair care from an experienced hair dresser. After being pampered, and with their hair beautifully coiffured, the girls set off on the walk back to school all wishing they had a special occasion to show off their new hair do’s.
Shanelle has been a supporter of Girls Rock for a number of years offering her time and salon to provide wonderful experiences that our girls value and very much appreciate.
Without the support of all our community Girls Rock would not be the success it is.
From the girls, Mrs Culley and Mrs Denning we say a huge
**P & C NEWS**

**Father’s Day Stall**
The P & C Association is organising a fundraising Father’s Day Stall. Gift packs ($5 each) will be available for students to purchase. We can arrange family purchases.

All students plus the Goannas will be able to purchase gift packs on **Friday, 4th September**. Echidnas will be able to purchase their gift packs on **Tuesday, 1st September**. If there is stock available, students may buy additional gifts at lunch time.

All students who buy a gift will have the chance to win an extra gift for dad.

Parent volunteers, to assist with the selling of gifts from 9.30am on Friday, 4th September, would be appreciated. Enquiries, please contact Colby on 0419 287114.

**Monthly Meeting**
The P & C monthly meeting will be held tonight, 17th August commencing at 5.15pm. Items on the agenda include: Greyhound Night (fundraiser), Father’s Day Stall, P & C Membership and Insurance. Everyone welcome.

**P & C Raffle**
Each family was issued with a book of raffle tickets last Friday. This raffle will be drawn at the Greyhound Fundraiser on Tuesday, 8th September. Please return **tickets sold or unsold by Wednesday, 2nd September**.

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**CANTEEN ROSTER**

**CANTEEN CLOSED TUESDAYS & WEDNESDAYS**

<table>
<thead>
<tr>
<th>Day</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>Stewart</td>
</tr>
<tr>
<td>Friday</td>
<td>Marcus, Grace</td>
</tr>
<tr>
<td>Monday</td>
<td>No volunteer</td>
</tr>
</tbody>
</table>

Breakfast available from 8.30 – 8.55am daily.

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**5 Tips to help with screen time at home?**

Are you having trouble getting your child off technology and television?

Try some of these ideas to reduce the amount of screen time your child has each day.

- Go screen free for week days
- Try technology free Tuesdays or Imagination Wednesdays
- Restrict times when your child has access such as “no screens before dinner”
- Issue 2-5 year olds with two half hour screen time vouchers a day, and 5 – 18 year olds with four half hour screen time vouchers for recreational use a day. Once they’re used, no more screen time!
- Restrict access by not allowing any screens in the bedroom, this has lots of other positive outcomes such as better sleep as well.
Lismore South Public School Centenary Celebration Polo
ORDER NOW LIMITED TIME ONLY

To celebrate our 100 year centenary, we are offering you the opportunity to order a sublimated polo shirt. This shirt is made from material called ‘evaporex’ and designed exclusively for this momentous occasion, by BLK. The polo shirt is black, red, green and white, with the school logo on the left side.

All shirts are required to be pre-ordered and prepaid by Thursday 27th August, 2015, close of business (COB). This will make the polos available to collect on Saturday 3rd of October, 2015.

Price: $ 45.00 per Polo Shirt

Kellie Keed – on behalf of Centenary Committee

Payment Method:
All shirts are required to be paid in full by cash or cheque (made payable to Lismore South Public School).
If posting your payment please ensure it reaches us by COB 27/8/15.
Post to:
Lismore South Public School
Centenary Polo
PO Box 497
Lismore NSW 2480

LISMORE SOUTH PUBLIC SCHOOL – CENTENARY POLO SHIRT ORDER FORM

Sizes - write in appropriate number of shirts you wish to order in the corresponding box (please refer to size chart below as they are men’s style shirts).

<table>
<thead>
<tr>
<th>Garment Size</th>
<th>2XS</th>
<th>XS</th>
<th>S</th>
<th>M</th>
<th>L</th>
<th>XL</th>
<th>2XL</th>
<th>3XL</th>
<th>5XL</th>
<th>7XL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chest circumference (cm)</td>
<td>86-91</td>
<td>91-96</td>
<td>96-101</td>
<td>101-106</td>
<td>106-111</td>
<td>111-116</td>
<td>116-121</td>
<td>121-126</td>
<td>131-136</td>
<td>136-146</td>
</tr>
</tbody>
</table>