Welcome to Term 2:  Welcome back to preschool to the children and their families.  We hope you all had a wonderful and safe holiday.  We are looking forward to a fantastic term 2.

Mother’s Day:  To show our wonderful mums how much we love and appreciate them we will be having a “Mother’s Day Afternoon Tea”.  The afternoon tea will be held over two afternoons - Echidna group on Tuesday, 6th May at 2pm and Goanna group on Friday, 9th May at 2pm.  Invitations have been sent home this week and are open to any special women in your child’s life.

Parent Library:  Our parent/family library is the newest addition to our preschool.  It is located in the preschool foyer and is there for all parents and family members to access.  There is a range of books on a variety of topics that can hopefully be of use.  Feel free to borrow from our library, we just ask if you could please fill in the form provided upon borrowing and returning books.

Fees:  There are a number of fees outstanding for term 1.  We ask if you could please ensure money is paid as soon as possible to the school office.  Fee schedules for term 2 will be issued in week 2.

Easter Hat Parade:  Thank you and well done to the children who participated in the Easter Hat Parade in week 11 of term 1.  It was wonderful to have so many children and families attend and be involved.
Farewell Mr Hobbs: Preschool would like to say goodbye to Mr Hobbs and good luck in his new job. We will miss him.

Facts for our families
Active Play Every Day
Children need to be active to maintain strong bones, good muscle strength and a healthy weight. Children are naturally active – they simply need encouragement, ideas and suggestions for activities.

A few simple tips for parents and carers:
1. Regular family weekend walks in the bush, the park or on the beach are all great ways to get the family involved in physical activity. Have a picnic and take a bat and ball, Frisbee, kite or a cricket set with you and play a game with your children.
2. Set aside time at least once a week to go for a family walk before or after dinner.
3. Play outside on bikes, running around, climbing trees and playing with the dog. Encourage your children to take the dog for a walk every day.
4. Help your children learn a new active skill such as kicking, throwing or catching different objects.
5. Start a veggie patch and get the whole family working in the garden. Young children love to plant, nurture, pick and then help cook their own veggies.
6. For infants, moving around freely each day helps to keep their bodies and minds active and allows them to further develop their senses as well as good posture, strength and balance. Try some floor based activities like placing objects out of reach so that your baby can stretch and grab.
7. Toddlers and preschool children should be physically active for at least three hours each day, and this activity should be spread throughout the day. Try action games and songs such as ‘The Hokey Pokey’ or free play in playgrounds or sandpits, riding a bike or scooter.

Happy Birthday!

to

Kirra Witchard, 3rd May

Dates to Remember:

Mother’s Day Afternoon Tea
Echidna group – Tuesday 6th May, 2pm
Goanna group – Friday 9th May, 2pm