Family photos: We wish to get to know our wonderful families and hope to build a sense of belonging for our children and families at preschool. We ask if you could bring in a family photo to preschool for your child to share with us and discuss during small groups. Once we have talked about our family pictures we would like to display them on our Preschool Family Tree in the foyer. If you don’t have a photo but have one on your computer feel free to bring it in on a memory stick and we can print it off for you or alternatively e-mail it to the school e-mail address which is lismoreth-p.school@det.nsw.edu.au. Please mark it attention for the preschool and we can print it for you.

North Coast Area Health Nurse Visit: If you haven't scheduled an appointment for your child’s Before School Assessment with our Area Health Nurse Anna Tonkin please see Miss Mel as soon as possible.

Immunisation Records: Under the NSW Public Health Act 2010, an immunisation record must be provided to your child’s preschool service. The blue book is no longer an acceptable immunisation record. Immunisation History Statements are sent to each parent/guardian after their child turns 18 months and 4 years of age. You can obtain one at any time by contacting Medicare by:
- Telephone on 1800 653 809
- Email acir@medicareaustralia.gov.au
- Online at www.medicareaustralia.gov.au/online
- In person at your local Medicare office, Centrelink office or Child Support Service Centre.

Please note the Lismore Medicare office has moved from the Lismore Shopping Square to 47 Conway Street, Lismore (in the Centrelink building).

It is the responsibility of parents/guardians to ensure you have provided us with the correct enrolment information for your child as soon as possible.

Preschool committee: The preschool committee consists of preschool staff and interested family members. The aim of the committee is to reflect on current preschool practice gaining family members thoughts, ideas and opinions on relevant topics. The committee meets once a term. This term the meeting will be held in Week 10, Thursday 3rd April at 3.15 pm at the preschool. Please come along for a cuppa and an informal chat about your child’s preschool education.
What’s Been Happening at Preschool?

We have started a project on ‘Sun Safety’, instilling in our children the importance of being sun safe when outside at preschool and home. We began our project by reading the text ‘The Spectacular Hat’. The children have been very busy creating their very own ‘Spectacular Hat’. With Miss Beck the children have designed their hat, drawing pictures of what it will look like, collected and made items to stick on their hats and have begun making their hats. We can’t wait to see them when they are finished!

Link to learning outcomes:
Outcome 3: Children have a strong sense of wellbeing. The children are taking increased responsibility for their own health and wellbeing, becoming aware of healthy lifestyle choices.
Outcome 4: Children are confident and involved learners. The children are using their play to explore and investigate the idea of sun safety. They are developing skills such as problem solving to create their hats.

Facts for our families - A healthy start to every day

You’ve probably heard people say that breakfast is the most important meal of the day. A healthy nourishing breakfast helps children learn and is a great way to establish healthy eating habits early in life.

Even better, eating breakfast helps your child meet their daily nutrient requirements.

A nutritious breakfast includes a variety of foods, such as high-fibre wholegrain breads and cereals, vegetables, fruit, eggs and dairy foods. These foods are all easy-to-prepare, nutritious and perfect for breakfast.

“Win 10 iPADS” for your child’s school: Please cut out the tokens in the Northern Star newspaper and place in the collection box in the preschool foyer. The competition runs until Monday, 31st March.

Dates to Remember:

Area Health Nurse Visits – Thursday 6th March, Friday 7th March
Monday 10th March, Tuesday 11th March, Thursday 12th March and Friday 13th March
Please see Miss Mel to make an appointment.

Uniform store – Thursday, 6th March 8.45 am – 9.30 am in the school hall