Art and craft materials: As the children love being creative, donations of boxes and cardboard rolls (e.g. clingwrap and alfoil) would be appreciated. Please note we cannot accept toilet rolls for hygiene purposes.

Preschool committee meeting: A reminder that the preschool committee meeting will be held on Monday, 26th May at 3.15 pm. The topic for discussion will be the preschool movie night fundraiser. We would love to hear everyone’s ideas and thoughts on the fundraiser. All are welcome to attend this meeting and join us for a cuppa and chat.

Immunisation History Statement: If you have not yet supplied an Immunisation History Statement for your child’s records, please do so as soon as possible to ensure our records are up to date.

Family meetings: For your information, Miss Mel will be having family team meetings with parents who would like to discuss their child’s progress at preschool. Meetings will be held in weeks 8 and 9 of this term. More information will be in next week’s newsletter.

Wednesday groups: There is still some vacancies on Wednesdays. If you would like your child to attend preschool every second Wednesday, please see Miss Mel.

Snacking for Health
Snacks provide an important contribution towards meeting your child’s daily nutrition requirements. Choosing healthy snacks that have lots of nutrients, but not the excessive kilojoules is important. Luckily, children do enjoy healthy snacks, such as fruit, vegetables, dairy and cereal-based options.

Stuck for healthy snack ideas? Try some of these
- Fresh fruit such as apples, grapes, strawberries, mandarins, pears, plums, apricots, bananas, kiwi fruit, nectarines and oranges – choose what’s in season
- Frozen fruit e.g. oranges, bananas, watermelon, grapes (or a mix of all)
- Small quantities of dried fruit (e.g. sultanas, dried apples, dried apricots)
- Rice cakes with low fat toppings such as vegemite or ricotta cheese
- Vegetable pikelets or savoury scones made with grated vegetables and cheese on top
- Cheese slices or cheese sticks (reduced fat for the over 2’s) either on their own or with low fat crackers

Always have healthier choice snacks in the fridge and pantry to remove the temptation of choosing the less healthy ones. Put healthy snacks into your child’s lunchbox. Be a role model – choose healthy snacks yourself.
Making wind with our mouths!

The Echidna group have been very interested in learning about the wind, it all came about after Abaid-Ullah brought in a paper Aeroplane from home and the children enjoyed flying it, especially in the wind! We have been making wind with our mouth and using it to move things around. We have made beautiful paintings, blown up balloons and had fun seeing what objects we could or couldn’t move such as pencils, marbles, blocks.

Link to learning outcome:

Learning outcome 2: The children are connected with and contribute to their world. The children are using their play to explore elements of their natural world.