Nutrition at preschool - Lismore South Public School Preschool recognises the importance of healthy eating for the growth and development of young children. Our Food and Nutrition guidelines (which were discussed at your child’s orientation to preschool) are committed to supporting the healthy food and drink choices of children in our care. As food and some drinks are supplied from home, we really ask for your support in implementing these guidelines by choosing healthy snack options for your child. A brochure from Munch & Move has been attached for more information and to further support you in this endeavour.

Please remember: In caring for all of our children we ask you to avoid sending in nutella and peanut butter due to food allergies.

Immunisation Records - Thank you to those families who have provided us with a copy of your child’s immunisation history. A reminder to parents that the blue book is no longer an acceptable immunisation record. Please contact Medicare to obtain an Immunisation History Statement. This can also be done online at www.medicareaustralia.gov.au/online.

Please provide this important information to preschool as soon as possible.

Book Club – Please find attached Book Club brochures. Orders and payment (cheques made payable to Lismore South Public School) must be returned by Monday, 17th March.

Coffee, cake and covering day - Parents and friends are invited to assist in the library by covering books.

WHEN: Thursday, 20th March 9 am – 3 pm

Come along any time during the day that suits you, meet new people, chat, have a cuppa, but most of all assist in getting our new books available for the children to read.

Preschool committee meeting – A reminder that our first preschool committee meeting will be held in Week 10, Thursday 3rd April at 3.15 pm. Please come along for a cuppa and informal chat about your child’s preschool education.

Win a set of iPADS for schools – Please cut out the tokens from the Northern Star and place in the collection box in the foyer. Bonus tokens will appear randomly in the Northern Star over the next three weeks.
As a part of our sun safety project, we have started taking a closer look at the sun. We have researched what it looks like on the interactive computer and read stories about it. We found that the sun is round and is yellow, red and orange. We have began making our own suns by drawing their shape and using collage material.

Link to learning outcomes:

Outcome 2: The children are learning about their natural world.
Outcome 5: The children are using information technologies such as the interactive computer and internet to further develop their knowledge and understanding of their natural world.

Dates to Remember:

Book Club orders due Monday, 17th March
Uniform store – Thursday, 20th March 8.45 – 9.30 in the school hall
Coffee, cake & covering day – Thursday 20th March 9 am – 3 pm

Question of the month – At our preschool we value and respect the opinion and ideas of our families. Each month we will hold a “Question of the Month” in our newsletter. There is a slip below for you to fill in and return to preschool. There is a black box located in the foyer where the slips can be returned to.

Our question this month:

What did you think of your child’s orientation to our preschool? Do you have any suggestions we could use in our future planning?

Question of the month:______________________________________________________________
______________________________________________________________
______________________________________________________________